



PERFORMANCE HANDBOOK 2026

Dear Parents,

Thank you for your unwavering support throughout this year. Your cooperation and understanding are vital to the success of our performance. Together, we can create a memorable and rewarding experience for all our children.

The professionalism and quality you will witness in our performance are truly unmatched. Our dancers have worked tirelessly to prepare for this concert, and now it's their time to shine!

With heartfelt gratitude,

The Fantasy Dance School Staff:

Alla Kegulskiy
Sarah Monreal
Jenny Jacobs
Dorit Gousinov
Silvia D'Angelo
Clara Michaud

Yevheniya Krasnova
Nicole Chatham
Rylee Martin-Gomez
Gemma Pott
Morgan Pott

Sophia Kegulskiy
Anastasiia Burachenok
Arina Utko
Gennesis Nava
Katerina Vapnik
Kseniya Vapnik

Natalia Utko
Angela Kastrilevich
Sarah Dumanovsky
Ana Makovskaia
Elizabeth Fomenko

PERFORMANCE: SUNDAY, JUNE 14TH, CURTAINS UP AT 5:30 PM

Mountain View Center for the Performing Arts, 500 Castro Street, Mountain View, CA 94041
All dancers must check in at the Theatre at their designated time on the CONCERT DAY.

CALL TIME FOR THE 5:30PM SHOW:

- 3:30 PM** - Teens/Juniors FDT & Seniors FDT Girls, Contemporary III/IV, Ballet III/IV, Hip-Hop III/IV, Jazz III/IV, Tap III, CT Elite III/IV
- 4:00 PM** - Stars FDT, Pre-Stars FDT, Seniors FDT Boys, Ballet I & II, Contemporary I & II, Hip-Hop I & II, Jazz I & II, Tap I & II, CT Elite I & II/III
- 5:00 PM** - DC Tiny & DC Mini

DROP-OFF/PICK-UP LOCATION at MVCPA:

At the Rehearsal Studio, located at the back of the MVCPA building. Entrance from Mercy Street; look out for signs representing Fantasy Dance School to guide you.



Parking at the Mountain View Center for the Performing Arts is available on a first-come, first-served basis and may be limited, particularly during peak times.

Additional free public parking is available throughout downtown Mountain View within walking distance of the theater, including lots near the Mountain View Public Library and surrounding areas.

All participants and guests are strongly encouraged to allow ample time for parking and walking to the venue to ensure timely arrival for rehearsals and performances.

DROP-OFF/PICK-UP PROCESS:

- Please Do Not Arrive Late. Each group has a specific time on stage, and it is very important to arrive on time. If anyone is late, there is a chance that they will miss the opportunity to dance; moreover, rehearsal on stage may be delayed. Please understand how important it is for each student to feel comfortable on stage.
- Please be prepared that the schedule might run early or late because we will be working with the theatre technicians at the same time. We appreciate your patience and collaboration.
- All dancers must wear appropriate dance attire with all necessary dance shoes.
- Once an FDS staff member has checked in the student, they will be led to their dressing room with their costume(s). Parents are not allowed in the theatre past check-in.
- Students can be picked up on **Friday (dress stage rehearsal) and Sunday (performance)** at the same location they were checked in and dropped off.
- On **Sunday, June 14th**, students will be released and dismissed in their last costume of the performance, with the exception of FDT dancers (see the **COSTUME ETIQUETTE POLICY**)

STUDENTS MUST BRING THE FOLLOWING:

- Costume bag labeled with name, all costumes, and all dance shoes.
- Water Bottle labeled with name (there will be a water bottle refill station).
- Snacks: Please ensure that **NO GREASY or MESSY FOOD** is brought. Especially since we will be in costumes both days, please be mindful of the snacks we are packing to prevent stains or messes.

REHEARSAL NOTES:

- Students will be expected to stay for the entire duration of the rehearsal & performance unless otherwise noted.
- Please leave valuables at home. FDS is not responsible for any lost or stolen items. iPods and electronic video games are acceptable as long as they are not a distraction. Again, **STUDENTS** are responsible for any items brought to rehearsals or performances.
- Students should wear dance attire to **ALL** rehearsals and performances, even if it is a dress rehearsal. Students must wear the assigned color tights, leotards, and accessories for both dress rehearsals and performances. (See Attire section for details)
- **NO ONE is allowed in the backstage area** except for the performers preparing to go on stage. Anyone else will be escorted out.
- Parents, please do not take children from the chaperoned areas before completing their rehearsal. For safety and security purposes, we need to know where your child is **AT ALL TIMES!** This includes the drop-off entrance.
- **NO CHEWING GUM**

PLANNING IN ADVANCE:

- Prepare all costumes, tights, shoes, makeup, etc., several days in advance in case something is missing or needs to be taken care of. Make a checklist of your child's routines, listing the costume, tights, shoes, etc., and refer to it to be sure you have all your supplies before arriving at the theater.

AUDIENCE ETIQUETTE:

- Enthusiastic applause is encouraged.
- Please plan to stay for the entire performance. It is very distracting to other audience members and to student performers when audience members stand to depart during a performance.
- No one from the audience is permitted to get onto the stage area.
- After the concert, no one is allowed to approach the stage. All flowers or gifts for students and/or staff must be given in the drop-off and pick-up area. Staff will escort all dancers to that area immediately after the concert.

☑ ABSOLUTELY UNDER NO CIRCUMSTANCE ARE ANY VIDEO CAMERAS, CAMERAS, CAMERA PHONES (or any recording device) ALLOWED TO BE USED IN THE AUDITORIUM DURING THE PERFORMANCE. PLEASE RESPECT OUR POLICY.

COSTUME ETIQUETTE:

- Once the costumes are in your possession, they are your responsibility.
- All costumes should be in a garment bag and on a hanger with students' names clearly marked on each and every personal belonging. (Garment bag, inside of dance shoes, sports bags, hangers, etc. NOT COSTUMES)
- You will be financially liable for the replacement cost if any costumes or costume pieces are lost or ruined due to mishandling. Students and parents are responsible for keeping track of all pieces of costumes before, during, and after the performance.
- All students will take home their costumes after the performance, with the exception of FDT dancers.

For FDT Dancers:

- After your performance, you must change back into your regular clothes. Please place your costume back into your FDT garment bag.
- All FDT costumes must be returned in their FDT garment bags to FDS no later than Monday, June 16th, 2025. Please hand them directly to Ms. Natasha, the Costume Manager.
- If any costume items are missing, the dancer's account will be charged for the missing pieces.

DANCER APPEARANCE GUIDELINES

- **NO TEMPORARY TATTOOS:** TEMPORARY TATTOOS ARE NOT ALLOWED.
- **NO JEWELRY:** NO JEWELRY OF ANY KIND IS PERMITTED.
- **NO WATCHES:** WATCHES OF ANY KIND ARE NOT ALLOWED.
- **NO NAIL POLISH:** NAIL POLISH IS PROHIBITED.
- **NAIL LENGTH:** NAILS SHOULD BE CUT SHORT TO PREVENT RIPPING TIGHTS AND INADVERTENTLY HURTING A FELLOW DANCER.

☑ THESE GUIDELINES APPLY TO ALL DANCERS.

DRESSING ROOM ETIQUETTE:

Respecting others and their belongings in the dressing rooms is essential. Students will spend a significant amount of time in the dressing rooms compared to the stage or auditorium. Please remind your children to maintain cleanliness and order in the changing area.

- Every dancer will have their own designated seat in the dressing room area.
- Please be respectful towards theater property. All dressing rooms must be left in their original condition.
- All dancers must remain in their dressing rooms when they are not required on stage.
- All dancers must follow the instructions given by the backstage chaperones.

EVERY DANCER MUST ARRIVE AT THE PERFORMANCE PREPARED WITH THE FOLLOWING ATTIRE:

To maintain a professional and uniform appearance, we have updated our dress code policy regarding tights and socks:

For Girls:

- **Correct Tights Required:** All female dancers must wear proper dance tights. Incorrect tights include white or tan tights with lines across the thighs. Please ensure the table below where states "dance tights" to confirm you have the right type.
- **FDS-Provided Tights:** If a dancer arrives without tights or with incorrect tights, the FDS will provide the correct ones. The cost for these tights will be \$10 - \$15 plus tax.
- **Purchase Option:** Dance tights in both tan and white are available for purchase at the FDStore for \$10 - \$15 plus tax.

For Boys:

- **Correct Socks Required:** All male dancers (FDT, Jazz, Contemporary) must wear proper socks - black long socks. Hip-Hop dancers must have white socks.
- **FDS-Provided Socks:** If a dancer arrives without socks or with incorrect socks, the FDS will provide the correct ones. The cost for these socks will be \$5 - \$8 plus tax.
- **Purchase Option:** Black long socks are available for purchase at the FDStore for \$5 - \$8 plus tax.
- We appreciate your cooperation in ensuring all dancers adhere to these guidelines. Thank you for helping us maintain a professional dance environment.

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| <p><u>TINY/MINI GIRLS</u></p> <ul style="list-style-type: none"> • WHITE TIGHTS • BALLET PINK SLIPPERS • HAIR: BUN • WHITE UNDERWEAR (NO PRINTS/DRAWINGS) | <p><u>PRE-STARS/STARS FDT GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS • TAN JAZZ SHOES • HAIR: BUN • LIGHT MAKE-UP • TAN UNDERWEAR (NO PRINTS/DRAWINGS) | <p><u>SENIORS & JUNIORS FDT GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS • SHOES: PLEASE CHECK WITH FDT ARTISTIC DIRECTOR • HAIR: BUN • MAKE-UP | <p><u>BALLET CLASSES GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS • BALLET PINK SLIPPERS • HAIR: BUN • MAKE-UP |
| <p><u>HIP-HOP GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS & WHITE SOCKS • WHITE SNEAKERS • HAIR: BUN • MAKE-UP | <p><u>JAZZ GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS • TAN JAZZ SHOES • HAIR: BUN • MAKE-UP | <p><u>CONTEMPORARY & LYRICAL GIRLS</u></p> <ul style="list-style-type: none"> • SUNTAN TIGHTS • TAN HALF-SOLES • HAIR: BUN • MAKE-UP | <p><u>BOYS FROM ALL GROUPS</u></p> <ul style="list-style-type: none"> • WHITE SNEAKERS & WHITE SOCKS (HIP-HOP CLASSES) • BLACK BALLET SLIPPERS, BLACK SOCKS (TINY, MINI & BALLET CLASSES) • BLACK JAZZ SHOES, BLACK SOCKS (JAZZ) • TAN HALF-SOLES, BLACK SOCKS (CONTEMPORARY) • BLACK DANCE SNEAKERS, BLACK LONG SOCKS (ALL FDT GROUPS) |

HAIR & MAKE-UP INSTRUCTIONS

HAIR:

Preparation: It is easiest to manage hair that is damp and has gel worked through it before trying to secure it back into a bun. Never try to put dry hair up in a bun, especially for children with fine hair.

Bangs Off the Face: All students must have bangs off the face. Use the damp hair/wet gel method described above for short or long hair to get the bangs back. Bobby pins may be necessary. If the hair is wet and gel is applied, it will help keep the bangs sufficiently off the forehead.

Hair in a Bun:

- Start with very damp hair and thoroughly apply a thick gel to slick the hair and make it workable.
- With hair still damp, pull the hair into a left side part (majority of the hair to the right), and brush it neatly into a ponytail secured with a hair tie closer to the neck (NOT on the crown of the head). To part your hair correctly, find the middle of the left eyebrow and use that as the placement of hair.
- Depending on the length of the hair, twist it in a circle around the elastic, and secure all loose ends with bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins for areas above the ears or at the nape of the neck.

- Apply a hairnet (available at the FDStore for \$2) and secure it with bobby pins. The secret is to work on damp hair that is wet with gel. Then, let the hair dry after it has been put into the bun. Hairspray may be necessary even if enough gel has been applied.

MAKE-UP:

General Guidelines: Makeup may be applied at your discretion for children under age 10. Under the bright lights, facial features wash out, and makeup helps the audience see the dancers' faces more clearly. Good stage makeup will look very exaggerated, dramatic, and bold.

☑ Base (Foundation):

- For young children: Foundation is unnecessary. If you choose to use it, apply a light cover carefully to avoid soiling the costume.
- For teens/adults: Apply primer and foundation as a base. Use hypo-allergenic if necessary. Base makeup is necessary for mature students to even out the skin tone on the face. Let it dry thoroughly before proceeding. Add setting powder after the foundation to prevent looking shiny and sweaty on stage.

☑ Eye Shadow:

- Use a primer if desired. Apply a mid-tone shade on the lid as a base, add the darkest shade on the edge to contour, and the lightest shade on the brow bone to highlight.
- On the lid, use a medium shade of purple; on the edges, use either a darker shade of purple or mix black with purple to darken it. Do not use blue.

☑ Eyeliner:

- For pre-teens and up: Use a black pencil liner along the upper eyelid and a silver liner under the lower eyelashes.

☑ Mascara:

- Apply a thick layer of heavy black mascara to the upper and lower lids. Very young students may not tolerate this and may use just a liner.
- Teen/adult students should apply false eyelashes for maximum effect on stage. Purchase thick black lashes with adhesive, trim to fit, and follow instructions. False lashes are available at the studio for \$10. Practice before the day of the show.

☑ Blush:

- Apply rose or pink blush to the hollow of the cheek only, not over the cheekbone itself. Have the dancer suck in their cheeks, and apply blush to the area that concaves. Enough blush should be applied to bring color to the shadowed soft part of the cheek, leaving the area over the cheekbone light and not colored.

☑ Lipstick:

- Bright red matte lipstick is the only real color appropriate on stage. Remember that stage makeup is different from an everyday look, so if the makeup looks intense in close-up, it will look good from the stage.

Both Hair and Makeup Tutorials can be found on our Concert Event Page on our website.

If you have any questions or concerns, please contact the FDS Office: at 650.965.4135 or info@fantasydance.us

DURING THE STAGE REHEARSAL AND CONCERT TIME IN CASE OF ANY EMERGENCIES OR QUESTIONS, PLEASE CONTACT: Dorit Gousinov (650) 455-6843

Let's have an outstanding performance!

Fantasy Dance School